# Frequently Asked Questions about Drug Testing

# Q. Who is conducting the DIRTcar / World of Outlaws drug testing?

**A.** All drug testing will be independent of DIRTcar / World of Outlaws officials. Drug Free Sport International LLC, (Drug Free Sport) will administer and manage the testing. As a true independent third-party administrator, Drug Free Sport ensures the drug-testing program separates collection and testing from the laboratory, providing DIRTcar / World of Outlaws and drivers the highest level of impartiality and confidentiality within all phases of the program, and eliminating any real or perceived conflict of interest.

# Q. What kind of test is administered?

A. Drivers are drug tested through urinalysis.

## Q. How long does it take?

**A.** The length of the process depends on the driver's ability to provide an adequate specimen. If a driver provides an adequate specimen immediately upon arriving at the testing area, the entire process usually is completed in less than 15 minutes.

## Q. What drugs are we testing for?

**A.** The purpose of the testing is to keep drivers, teams and fans safe. Hence testing will be for substances of abuse that impair ability, not performance-enhancing drugs. Examples may include, but are not limited to:

Amphetamine/Methamphetamine Cocaine Marijuana THC Opiates Barbiturates Benzodiazepines Ecstasy (MDMA)

Oxycodone (incl. OxyContin<sup>®</sup>)

# Q. With Marijuana now legal in many states, is it still a prohibited substance?

A. Marijuana remains a banned substance, notwithstanding the legislative approval of its sale. The long-lasting indicators of marijuana use in your body should be kept in mind for any participant.

#### Q. What about CBD products?

A. CBD is not regulated by the Food and Drug Administration. The purity of the CBD, potential THC content, and delivery products should be considered before use.

# Q. When is drug testing conducted?

**A.** Drug testing can occur at any DIRTcar / World of Outlaws event following January 1, 2017. Participating drivers will not be given any advance notice that drug testing is being conducted at the event. Drug testing may occur throughout the course of the event.

#### Q. How will drivers be selected for drug testing?

**A.** Drivers will be chosen through a random selection process on the day of the event. The process will treat full-time DIRTcar / World of Outlaws drivers the same as local and regional drivers participating in the event.

# Q. When do the DIRTcar / World of Outlaws get results?

**A.** Drug Free Sport will send results via a proprietary secure software system (SCAN3) to the DIRTcar / World of Outlaws series director.

If a driver tests positive, Drug Free Sport will call the DIRTcar / World of Outlaws series director.

## Q. What happens if a driver tests positive?

A. In most cases, the steps will be:

- 1. Drug Free Sport will provide the DIRTcar/World of Outlaws with the name of the driver who tested positive and the substance found in his/her urine sample.
- 2. DIRTcar/World of Outlaws Series Director will contact the athlete, discuss the results and if applicable, provide the MRO the drivers contact information.
- 3. The medical doctor (MRO), contracted by Drug Free Sport, will contact and review any positive result with the driver.
- 4. The MRO will offer an assessment of his discussion with the driver, to the Series Director. The assessment will include verification of any current prescriptions and their effect on the sample results.
- 5. Based on the assessment, a determination of a penalty or an potential exemption will be granted.
- If the driver tested positive for a substance for which a medical exception is warranted, DIRTcar/World of Outlaws Series Director may request a medical exception. Drug Free Sport will assist with the medical exception process.

The driver has the option of requesting testing of the B sample as part of a DIRTcar appeal process.

If the B sample is positive, Drug Free Sport will notify the DIRTcar/World of Outlaws Series Director and the driver will begin serving his or her penalty.

#### Q. What is the penalty for a positive drug test?

**A.** The penalty for a positive test for a substance of abuse is strict and automatic. A positive test will result in suspension as follows:

**FIRST OFFENSE:** Drivers will be withheld from competition for 90 days from the date of the test and fined \$1,000. This suspension term may be reduced to 60 days with the completion of a drug-education program. Reinstatement will be conditional on two negative tests over the final 14-day period of the suspension and payment of the fine.

Note: a positive result on a re-test will count as a second offense.

**SECOND OFFENSE:** Drivers will be withheld from competition for 180 days from the date of the test and fined \$2,500. This suspension term may be reduced to 120 days with the completion of an enhanced drug-education program. Reinstatement will be conditional on two negative tests over the final 14-day period of the suspension and payment of the fine.

**THIRD OFFENSE:** Drivers will be withheld from competition for 365 days from the date of the test and fined \$5,000. Reinstatement will be conditional on three negative tests over the final 30-day period of the suspension and payment of the fine.

## Q. Can drivers appeal a positive test?

**A.** DIRTcar Members in good standing may appeal as outlined in Section 12 of the Competition Rulebooks. An appeal will follow the Drug Free Sport protocol regarding the B sample and medical exception process. Drivers will be withheld from competition during the course of the appeal.

## Q. How can a driver find out whether a medication or supplement is banned?

**A.** The DIRTcar / World of Outlaws list of banned drug classes is listed above in previous question. In advance of any event, drivers should consult with their physicians about any medication they use.

## Q. Why?

**A.** The DIRTcar/World of Outlaws has had a Substance Abuse Policy for over ten years. We are continuously evaluating driver safety measures and drug testing has been part of that conversation for a number of years.

## Q. Was there something that happened, or do you have suspicions?

**A.** We are not aware of any DIRTcar/World of Outlaws driver competing while under the influence, but with research showing that 10.1% of Americans used an illicit drug in the past 30 days, we cannot simply put our heads in the sand and assume that our sport is immune to recreational drug use. (Source: Center for Behavioral Health Statistics and Quality)

#### Q. Why just Drivers?

**A.** Drivers are the focus of our sport and hold in their hands a great responsibility that extends beyond their personal well-being when they enter the race track at one of our events.

#### Q. Are you testing for alcohol?

**A.** Our random drug-testing initiative is not currently designed to address driving under the influence. However, our current policy already provides us with the option of using local law enforcement and medical professionals for determination of suspected alcohol impairment. Our officials will use the protocols already in place for suspected alcohol use.

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